EXTENDED TO NOVEMBER 15, 2022

Form **990**

Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

2021

OMB No. 1545-0047

Open to Public Inspection

Department of the Treasury Internal Revenue Service Do not enter social security numbers on this form as it may be made public.
 Go to www.irs.gov/Form990 for instructions and the latest information.

<u>A I</u>	or the	2021 calendar year, or tax year beginning and	ending						
В	Check if applicable	C Name of organization		D Employer identif	fication number				
X	Addres	MIND & LIFE INSTITUTE							
	Name change			77-02847	767				
	Initial return Final	,	,						
	return/ termin ated	977 SEMINOLE TRAIL, PMB 363	434-939-						
	ated Ameno return		G Gross receipts \$ H(a) Is this a group	5,675,195.					
	Applic								
	pendir	SAME AS C ABOVE		for subordinate H(b) Are all subordinates					
$\overline{\Gamma}$	Гах-ехе	empt status: X 501(c)(3) 501(c) ()	or 527	7 ` ´	a list. See instructions				
		e: WWW.MINDANDLIFE.ORG		H(c) Group exempti					
		organization: X Corporation Trust Association Other ▶	L Year		M State of legal domicile; CA				
	art I	Summary							
4	1	Briefly describe the organization's mission or most significant activities: BRIDG	GING S	CIENCE AND					
Activities & Governance		CONTEMPLATIVE WISDOM TO FOSTER INSIGHT AN	D INSE	PIRE ACTION	TOWARD				
rne	2	Check this box if the organization discontinued its operations or dispos	ed of more	than 25% of its net as					
Š	3			3					
დ ფ	4	Number of independent voting members of the governing body (Part VI, line 1b)							
es	5	Total number of individuals employed in calendar year 2021 (Part V, line 2a)							
Ĭ	6	Total number of volunteers (estimate if necessary)							
Act	7a	Total unrelated business revenue from Part VIII, column (C), line 12							
	В	Net unrelated business taxable income from Form 990-T, Part I, line 11	·····						
		Contributions and grants (Part VIII line 1b)		Prior Year 2,716,274.	Current Year 4,672,305.				
ne	8 9	Contributions and grants (Part VIII, line 1h) Program service revenue (Part VIII, line 2g)		119,572.					
Revenue	10	Program service revenue (Part VIII, line 2g) Investment income (Part VIII, column (A), lines 3, 4, and 7d)		156,176.					
Be	11	Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)		32,816.					
	1	Total revenue - add lines 8 through 11 (must equal Part VIII, column (A), line 12)		3,024,838.					
		Grants and similar amounts paid (Part IX, column (A), lines 1-3)		712,324.					
		Benefits paid to or for members (Part IX, column (A), line 4)		0.	-				
G	45	Salaries, other compensation, employee benefits (Part IX, column (A), lines 5-10)		1,639,151.	2,035,670.				
Expenses	16a	Professional fundraising fees (Part IX, column (A), line 11e)		0.	0.				
<u>e</u>	b	Total fundraising expenses (Part IX, column (D), line 25)	28.						
û	17	Other expenses (Part IX, column (A), lines 11a-11d, 11f-24e)		789,380.	449,885.				
	18	Total expenses. Add lines 13-17 (must equal Part IX, column (A), line 25)		3,140,855.					
	19	Revenue less expenses. Subtract line 18 from line 12		-116,017.	1,840,787.				
Net Assets or			Ве	ginning of Current Year					
sset	20	Total assets (Part X, line 16)		8,762,731.					
et A	21	Total liabilities (Part X, line 26)		3,062,742.					
	22 art II	Net assets or fund balances. Subtract line 21 from line 20		5,699,989.	7,540,776.				
		Ities of perjury, I declare that I have examined this return, including accompanying schedules	and statems	onte and to the heet of m	ay knowledge and helief it is				
		t, and complete. Declaration of preparer (other than officer) is based on all information of wh		•	iy kilowledge alla bellet, it is				
truc	, 601166		non proparci	08/01/2022					
Sig	n	Signature of officer Signature -		Date					
Her		SUSAN BAUER-WU, PRESIDENT							
	•	Type or print name and title							
		Print/Type preparer's name Preparer's signature]	Date Check	PTIN				
Paid	i	VIRGINIA R. BELCHER		if self-empl	p00421964				
Pre	oarer	Firm's name KEITER, STEPHENS, HURST, GARY &	SHREAV		54-1631262				
Use	Only	Firm's address 4401 DOMINION BLVD							
		GLEN ALLEN, VA 23060		Phone no. (8					
Ma	the IF	RS discuss this return with the preparer shown above? See instructions			X Yes No				

935,209 • including grants of \$

728,974.)

2,315,857.

Form 990 (2021) MIND & LIFE INSTITUTE Part IV Checklist of Required Schedules

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)?			
	If "Yes," complete Schedule A	1	X	
2	Is the organization required to complete Schedule B, Schedule of Contributors? See instructions	2	Х	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for			
	public office? If "Yes," complete Schedule C, Part I	3		X
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect			
	during the tax year? If "Yes," complete Schedule C, Part II	4		X
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or			
	similar amounts as defined in Rev. Proc. 98-19? If "Yes," complete Schedule C, Part III	5		X
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to			,,
	provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6		X
7	Did the organization receive or hold a conservation easement, including easements to preserve open space,			,,
	the environment, historic land areas, or historic structures? If "Yes," complete Schedule D, Part II	7		X
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes," complete			,,
	Schedule D, Part III	8		X
9	Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a custodian for			
	amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services?			,,
	If "Yes," complete Schedule D, Part IV	9		X
10	Did the organization, directly or through a related organization, hold assets in donor-restricted endowments			,,
	or in quasi endowments? If "Yes," complete Schedule D, Part V	10		X
11	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VII, VIII, IX, or X,			
	as applicable.			
а	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes," complete Schedule D,		37	
_	Part VI	11a	X	
b	Did the organization report an amount for investments - other securities in Part X, line 12, that is 5% or more of its total			
	assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII	11b		X
С	Did the organization report an amount for investments - program related in Part X, line 13, that is 5% or more of its total			x
	assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII	11c		
d	Did the organization report an amount for other assets in Part X, line 15, that is 5% or more of its total assets reported in	44.1		x
	Part X, line 16? If "Yes," complete Schedule D, Part IX	11d	Х	
e	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X	11e	Λ	
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses	446	х	
10-	the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X	11f	Λ	
12a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete	100	х	
L	Schedule D, Parts XI and XII	12a	Λ	
D	Was the organization included in consolidated, independent audited financial statements for the tax year?	40h		x
13	If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	12b 13		X
		14a		X
14a b	Did the organization maintain an office, employees, or agents outside of the United States? Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business,	ı+a		
D	investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000			
	or more? If "Yes," complete Schedule F, Parts I and IV	14b		x
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any			
	foreign organization? If "Yes," complete Schedule F, Parts II and IV	15		x
16	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to	5		_
	or for foreign individuals? If "Yes," complete Schedule F, Parts III and IV	16		X
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX,			
	column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I. See instructions	17		x
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines			
	1c and 8a? If "Yes," complete Schedule G, Part II	18		x
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes."			
	complete Schedule G, Part III	19		x
20a	Did the organization operate one or more hospital facilities? If "Yes," complete Schedule H	20a		X
b	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		
21	Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or			
-	domestic government on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II	21		x
			000	

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Form 990 (2021) MIND & LIFE INSTITUTE

Part IV Checklist of Required Schedules (continued)

			Yes	No
22	Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on			
	Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III	22	X	<u> </u>
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5, about compensation of the organization's current			
	and former officers, directors, trustees, key employees, and highest compensated employees? If "Yes," complete			
	Schedule J	23	X	
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the			
	last day of the year, that was issued after December 31, 2002? If "Yes," answer lines 24b through 24d and complete			
	Schedule K. If "No," go to line 25a	24a		X
b	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		
С	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease			
	any tax-exempt bonds?	24c		
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d		
25a	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit			
	transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I	25a		X
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and			
	that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete			
	Schedule L, Part I	25b		X
26	Did the organization report any amount on Part X, line 5 or 22, for receivables from or payables to any current			
	or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35%			
	controlled entity or family member of any of these persons? If "Yes," complete Schedule L, Part II	26		X
27	Did the organization provide a grant or other assistance to any current or former officer, director, trustee, key employee,			
	creator or founder, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled			
	entity (including an employee thereof) or family member of any of these persons? If "Yes," complete Schedule L, Part III	27		X
28	Was the organization a party to a business transaction with one of the following parties (see the Schedule L, Part IV,			
	instructions for applicable filing thresholds, conditions, and exceptions):			
а	A current or former officer, director, trustee, key employee, creator or founder, or substantial contributor? If			
	"Yes," complete Schedule L, Part IV	28a		X
b	A family member of any individual described in line 28a? If "Yes," complete Schedule L, Part IV	28b		X
С	A 35% controlled entity of one or more individuals and/or organizations described in line 28a or 28b? If			
	"Yes," complete Schedule L, Part IV	28c		X
29	Did the organization receive more than \$25,000 in non-cash contributions? If "Yes," complete Schedule M	29		X
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation			
	contributions? If "Yes," complete Schedule M	30		X
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31		X
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete			
	Schedule N, Part II	32		X
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations			
	sections 301.7701-2 and 301.7701-3? If "Yes," complete Schedule R, Part I	33		X
34	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Part II, III, or IV, and			1
	Part V, line 1	34		X
35a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		X
b	If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity			1
	within the meaning of section 512(b)(13)? If "Yes," complete Schedule R, Part V, line 2	35b		<u> </u>
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization?			_
	If "Yes," complete Schedule R, Part V, line 2	36		X
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization			
	and that is treated as a partnership for federal income tax purposes? If "Yes," complete Schedule R, Part VI	37		<u> </u>
38	Did the organization complete Schedule O and provide explanations on Schedule O for Part VI, lines 11b and 19?			1
	Note: All Form 990 filers are required to complete Schedule O	38	X	Щ_
Pai				
	Check if Schedule O contains a response or note to any line in this Part V			Ш
			Yes	No
1a	Enter the number reported in box 3 of Form 1096. Enter -0- if not applicable			
b	Enter the number of Forms W-2G included on line 1a. Enter -0- if not applicable			
С	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming		77	
	(gambling) winnings to prize winners?	1c	X	
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Pai	rt V Statements Regarding Other IRS Filings and Tax Compliance (continued)			9-				
			Yes	No				
2a	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements,							
		28						
b	If at least one is reported on line 2a, did the organization file all required federal employment tax returns?	2b	Х					
	Note: If the sum of lines 1a and 2a is greater than 250, you may be required to e-file. See instructions.							
За	Did the organization have unrelated business gross income of \$1,000 or more during the year?	۱ ـ		Х				
	If "Yes," has it filed a Form 990-T for this year? If "No" to line 3b, provide an explanation on Schedule O							
	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a							
	financial account in a foreign country (such as a bank account, securities account, or other financial account)?	4a		X				
b	If "Yes," enter the name of the foreign country							
	See instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR).	_						
5a	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	5a		Х				
b	Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction?			Х				
С	If "Yes" to line 5a or 5b, did the organization file Form 8886-T?							
6a	Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit							
	any contributions that were not tax deductible as charitable contributions?	. 6a		X				
b	If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts							
	were not tax deductible?	. 6b						
7	Organizations that may receive deductible contributions under section 170(c).							
а	Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and services provided to the payor	r? 7a	X					
b	If "Yes," did the organization notify the donor of the value of the goods or services provided?	7b	X					
С	Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required							
	to file Form 8282?	. 7c		X				
d	If "Yes," indicate the number of Forms 8282 filed during the year							
е	Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	7e						
f	f Did the organization, during the year, pay premiums, directly or indirectly, on a personal benefit contract?							
g	If the organization received a contribution of qualified intellectual property, did the organization file Form 8899 as required?	7g						
h								
8	-1							
	sponsoring organization have excess business holdings at any time during the year?							
9	Sponsoring organizations maintaining donor advised funds.							
а	Did the sponsoring organization make any taxable distributions under section 4966?							
b	Did the sponsoring organization make a distribution to a donor, donor advisor, or related person?	<u>9b</u>						
10	Section 501(c)(7) organizations. Enter:							
a	Initiation fees and capital contributions included on Part VIII, line 12	-						
	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities	-						
11	Section 501(c)(12) organizations. Enter:							
a	Gross income from members or shareholders 11a	\dashv						
b	Gross income from other sources. (Do not net amounts due or paid to other sources against amounts due or received from them.)							
122	Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041?	12a						
	If "Yes," enter the amount of tax-exempt interest received or accrued during the year	120						
13	Section 501(c)(29) qualified nonprofit health insurance issuers.							
	Is the organization licensed to issue qualified health plans in more than one state?	13a						
_	Note: See the instructions for additional information the organization must report on Schedule O.							
b	Enter the amount of reserves the organization is required to maintain by the states in which the							
_	organization is licensed to issue qualified health plans							
С	Enter the amount of reserves on hand	\neg						
14a	Did the organization receive any payments for indoor tanning services during the tax year?	. 14a		х				
	If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation on Schedule O							
15	Is the organization subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or							
	excess parachute payment(s) during the year?	. 15	<u>L</u>	x				
	If "Yes," see the instructions and file Form 4720, Schedule N.							
16	Is the organization an educational institution subject to the section 4968 excise tax on net investment income?	16		Х				
	If "Yes," complete Form 4720, Schedule O.							
17	Section 501(c)(21) organizations. Did the trust, any disqualified person, or mine operator engage in any							
	activities that would result in the imposition of an excise tax under section 4951, 4952 or 4953?	17						

Form **990** (2021)

If "Yes," complete Form 6069.

Part VI Governance, Management, and Disclosure. For each "Yes" response to lines 2 through 7b below, and for a "No" response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes on Schedule O. See instructions.

	Check if Schedule O contains a response or note to any line in this Part VI			X			
Sec	tion A. Governing Body and Management						
			Yes	No			
1a	Enter the number of voting members of the governing body at the end of the tax year 10						
	If there are material differences in voting rights among members of the governing body, or if the governing						
	body delegated broad authority to an executive committee or similar committee, explain on Schedule O.						
b	Enter the number of voting members included on line 1a, above, who are independent						
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other						
	officer, director, trustee, or key employee?	2		Х			
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision						
	of officers, directors, trustees, or key employees to a management company or other person?	3		Х			
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?	4		Х			
5	Did the organization become aware during the year of a significant diversion of the organization's assets?	5		Х			
6	Did the organization have members or stockholders?	6		Х			
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or						
	more members of the governing body?	7a		х			
b	Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or						
	persons other than the governing body?	7b		Х			
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following:						
а	The governing body?	8a	Х				
b	Each committee with authority to act on behalf of the governing body?	8b	Х				
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the						
	organization's mailing address? If "Yes," provide the names and addresses on Schedule O	9		х			
Sec	tion B. Policies (This Section B requests information about policies not required by the Internal Revenue Code.)						
	(This social 2 logistic mismatch as sat policies to require by the mismatch as social)		Yes	No			
10a	Did the organization have local chapters, branches, or affiliates?	10a		Х			
	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates,						
	and branches to ensure their operations are consistent with the organization's exempt purposes?	10b					
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?	11a	Х				
b	Describe on Schedule O the process, if any, used by the organization to review this Form 990.						
12a	Did the organization have a written conflict of interest policy? If "No," go to line 13						
	Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	12b	Х				
	Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes." describe						
	on Schedule O how this was done	12c	X				
13	Did the organization have a written whistleblower policy?	13	Х				
14	Did the organization have a written document retention and destruction policy?	14	Х				
15	Did the process for determining compensation of the following persons include a review and approval by independent						
	persons, comparability data, and contemporaneous substantiation of the deliberation and decision?						
а	The organization's CEO, Executive Director, or top management official	15a	Х				
	Other officers or key employees of the organization	15b	Х				
	If "Yes" to line 15a or 15b, describe the process on Schedule O. See instructions.						
16a	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a						
	taxable entity during the year?	16a		х			
b	If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation						
	in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's						
	exempt status with respect to such arrangements?	16b					
Sec	tion C. Disclosure						
17	List the states with which a copy of this Form 990 is required to be filed ▶CA						
18	Section 6104 requires an organization to make its Forms 1023 (1024 or 1024-A, if applicable), 990, and 990-T (section 501(c)(3)s	only)	availal	ole			
-	for public inspection. Indicate how you made these available. Check all that apply.	.,,,					
	Own website Another's website X Upon request Other (explain on Schedule O)						
19	Describe on Schedule O whether (and if so, how) the organization made its governing documents, conflict of interest policy, and	financ	cial				
	statements available to the public during the tax year.		ui				
20	State the name, address, and telephone number of the person who possesses the organization's books and records						
_5	THE ORGANIZATION - 434-939-0001						
	977 SEMINOLE TRAIL, PMB 363, CHARLOTTESVILLE, VA 22901-2824						

Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Check if Schedule O contains a response or note to any line in this Part VII

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

- 1a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.
- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
 - List all of the organization's current key employees, if any. See the instructions for definition of "key employee."
- List the organization's five current highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (box 5 of Form W-2, Form 1099-MISC, and/or box 1 of Form 1099-NEC) of more than \$100,000 from the organization and any related organizations.
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations.

See the instructions for the order in which to list the persons above.

(A) Name and title	(B) Average hours per week	box	not c	Pos heck i ss per	more son i	than of s both or/trus	n an	(D) Reportable compensation from	(E) Reportable compensation from related	(F) Estimated amount of other
	(list any hours for related organizations below line)	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former	the organization (W-2/1099-MISC/ 1099-NEC)	organizations (W-2/1099-MISC/ 1099-NEC)	compensation from the organization and related organizations
(1) SUSAN BAUER-WU	40.00							0.40 600		45 040
PRESIDENT	40.00	Х		Х				240,600.	0.	47,018
(2) MARGARET GUGGENHEIMER	40.00	-				3,		125 467	0	11 (74
DIRECTOR OF ADVANCEMENT (3) KRISTA WEIH	40.00					X		135,467.	0.	11,674
DIRECTOR OF GRANTS & EVENTS	40.00	1				x		121,414.	0.	16,283
(4) WENDY HASENKAMP	40.00					^		121,414.	0.	10,203
SCIENCE DIRECTOR	40.00	1				x		108,800.	0.	7,582
(5) RYAN STAGG	40.00							200,0001		,,502
DIRECTOR OF DIGITAL STRATEGY						x		100,691.	0.	10,295
(6) THUPTEN JINPA LANGRI	2.50									,
CHAIR OF BOARD		Х		Х				40,000.	0.	0
(7) OWSLEY BROWN III	1.25									
DIRECTOR		Х						0.	0.	0
(8) CONSTANCE KEMMERER	1.25									
DIRECTOR		Х						0.	0.	0
(9) SONA DIMIDJIAN	1.25								_	_
DIRECTOR		Х						0.	0.	0
(10) JACK KORNFIELD	1.25	ļ								
DIRECTOR		Х						0.	0.	0
(11) BARRY HERSHEY	1.25	ļ								
DIRECTOR	1 25	Х						0.	0.	0
(12) AARON STERN	1.25	. ,							0	^
DIRECTOR (13) LISETTE COOPER	1.25	Х						0.	0.	0
DIRECTOR	1.45	Х						0.	0.	0
(14) CAROLYN JACOBS	2.50	Λ						0.	0.	U
SECRETARY	2.30	Х		х				0.	0.	0
(15) MARTIN DAVIDSON	2.50	21		21				0.	0.	<u> </u>
VICE CHAIR AND TREASURER	2.50	Х		Х				0.	0.	0

Section A. Officers, Directors, Trus	tees, Key Emp	oloy	ees,	and	l Hig	ghes	st C	ompensated Employee	s (continued)				
(A)	(B)	(C)						(D)	(E)			(F)	
Name and title	Average	(do		Posi		າ than ເ	one	Reportable	Reportable		Es	timate	ed
	hours per	box	, unle	ss per	rson i	is both	h an	compensation	compensation	1	am	ount o	of
	week		Cei ai	lu a u	liecto	T	100)	from	from related			other	
	(list any hours for	lirecto						the	organizations (W-2/1099-MIS(pensa om the	
	related	eord	tee			sated		organization (W-2/1099-MISC/	1099-NEC)	ا /ا		anizati	
	organizations	Individual trustee or director	Institutional trustee		yee	Highest compensated employee		1099-NEC)	10001420)		•	d relate	
	below	idual	ution	ie.	key employee	est co	er	1				nizatio	
	line)	Indiv	Instit	Officer	Key e	High	Former						
						_				\rightarrow			
						\vdash				\dashv			
			-			┢				\dashv			
										\dashv			
						_				\rightarrow			
		ł											
1h Cubtotal						<u> </u>		746,972.		0.	9 '	2,8	5.2
1b Subtotal c Total from continuation sheets to Part VI								0.		0.		<u> </u>	0.
d Total (add lines 1b and 1c)								746,972.		0.	9:	2,8	
2 Total number of individuals (including but no							no re	•	000 of reportable				
compensation from the organization													5
										_		Yes	No
3 Did the organization list any former officer,	•		•	•	•		•		•				37
line 1a? If "Yes," complete Schedule J for si											3		X
4 For any individual listed on line 1a, is the su											4	х	
and related organizations greater than \$150Did any person listed on line 1a receive or a											-		
rendered to the organization? If "Yes." com	•				•			•			5		Х
Section B. Independent Contractors	Dicto Gonedan	<i>,</i> 0 /	<i>01 </i>	1011 <u>s</u>	<i>3073</i>	OII .						'	
1 Complete this table for your five highest con	mpensated ind	lepe	nder	nt co	ontra	acto	rs th	nat received more than \$	100,000 of compe	ensati	on fro	m	
the organization. Report compensation for t	he calendar ye	ear e	endir	ng w	ith c	or wi	thin		ear.				
(A) Name and business	address	NIC	ONE	7				(B) Description of s	ervices	Cc	(C omper	;) nsatior	า
Traine and Business		146	ZIVI	<u> </u>				Bosonphon or c	SI VISSS		- Inpoi	1041101	•
2 Total number of independent contractors (in	ncluding but no	ot lin	nited	to t	thos	se lis	ted	above) who received me	ore than				
\$100,000 of compensation from the organiz	zation >				()						200	
										F	Form 9	990 ₍₂	2021)

77-0284767

Part VIII	Statement	of Revenue
-----------	-----------	------------

			Check if Schedule O contains a response	or note to any lir	ne in this Part VIII			
			Cricck ii Geriedale e contains à response	or riote to arry iii	(A)	(B)	(C)	(D)
					Total revenue	Related or exempt	Unrelated	Revenue excluded
						function revenue	business revenue	from tax under sections 512 - 514
								SECTIONS 212 - 214
Contributions, Gifts, Grants and Other Similar Amounts	1		Federated campaigns 1a					
ira ou			Membership dues 1b		_			
s, C		С	Fundraising events 1c					
ä ji		d	Related organizations 1d					
s, C		е	Government grants (contributions) 1e	274,965.				
Sign	1	f	All other contributions, gifts, grants, and					
he			similar amounts not included above $11 4$,	397,340.				
를		a	Noncash contributions included in lines 1a-1f	-				
Š	i	_	Total. Add lines 1a-1f		4,672,305.			
<u> </u>		<u> </u>	Total / Not illies fu fi	Business Code				
_	•	_	REGISTRATIONS & FEES	900099	286,890.	286,890.		
ice	2		MARKETING/PROMOTION RE	900099	6,328.	6,328.		
er ne			MARKETING/PROMOTION RE	300033	0,320.	0,320.		
n S	•	С						
ra Se		d						
Program Service Revenue	(е						
٩			All other program service revenue					
		g	Total. Add lines 2a-2f		293,218.			
	3		Investment income (including dividends, interest	est, and				
		other similar amounts)			65,117.			65,117.
	4		Income from investment of tax-exempt bond p					
	5		Royalties		34,197.			34,197.
			(i) Real	(ii) Personal				
	6	а	Gross rents 6a					
			Less: rental expenses 6b		1			
			Rental income or (loss) 6c					
			Net rental income or (loss)					
			, , ,	(ii) Other				
	,	а	E00 446	597.	-			
				331.	-			
•		b	Less: cost or other basis	0				
nue			and sales expenses 7ь 611,444.	0.	-			
Revenue			Gain or (loss) 7c - 23, 298.		00 701			00 501
æ			Net gain or (loss)	<u></u>	-22,701.			-22,701.
her	8	а	Gross income from fundraising events (not					
ŏ			including \$ of					
			contributions reported on line 1c). See					
			Part IV, line 18					
		b	Less: direct expenses 8b					
		С	Net income or (loss) from fundraising events	>				
	9	а	Gross income from gaming activities. See					
			Part IV, line 19					
		b	Less: direct expenses 9b					
			Net income or (loss) from gaming activities	•				
			Gross sales of inventory, less returns					
		_	and allowances 10a					
		h			-			
-+	- '	C	Net income or (loss) from sales of inventory	Business Code				
S			OMUED INCOME		21 615	21 615		
eor Pe	11		OTHER INCOME	900099	21,615.	21,615.		
<u>a</u>		b			1			
e Sel	•	С			-			
Miscellaneous Revenue		d	All other revenue					
		e	Total. Add lines 11a-11d		21,615.			
	12		Total revenue. See instructions		5,063,751.	314,833.	0.	76,613.

132009 12-09-21

Part IX | Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A) Check if Schedule O contains a response or note to any line in this Part IX (**D**)
Fundraising (C) Management and general expenses Do not include amounts reported on lines 6b. Program service expenses Total expenses 7b, 8b, 9b, and 10b of Part VIII. expenses Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21 Grants and other assistance to domestic 737,409. 737,409. individuals. See Part IV, line 22 Grants and other assistance to foreign organizations, foreign governments, and foreign individuals. See Part IV, lines 15 and 16 Benefits paid to or for members Compensation of current officers, directors, 839,824. 521,444. 150,297. 168,083. trustees, and key employees Compensation not included above to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B) 924,695. 579,731. 173,762. 171,202. Other salaries and wages 7 Pension plan accruals and contributions (include 24,739. 15,510. 4,649. 4,580. section 401(k) and 403(b) employer contributions) 78,903. 23,650. 125,854. 23,301. Other employee benefits 9 120,558. 75,583. 22,654. 22,321. 10 Payroll taxes 11 Fees for services (nonemployees): Management 3,102. 1,500. 1,602. Legal 46,914. 9,127. 33,096. 4,691. Accounting Lobbying Professional fundraising services. See Part IV, line 17 Investment management fees Other. (If line 11g amount exceeds 10% of line 25, 68,276. 81,185. 12,909. column (A), amount, list line 11g expenses on Sch O.) 28,366. 19,456. 2,484. 6,426. Advertising and promotion 12 Office expenses 13 Information technology 14 15 Royalties 71,077. 21,153. 20,763. 112,993. 16 Occupancy 8,905. 4,565. 3,368. 972. 17 Payments of travel or entertainment expenses 18 for any federal, state, or local public officials ... Conferences, conventions, and meetings 19 20 Payments to affiliates 21 20,076. 28,680. 4,589. 4,015. Depreciation, depletion, and amortization 22 9,807. 6,149. 1,846. 1,812. 23 Other expenses. Itemize expenses not covered 24 above. (List miscellaneous expenses on line 24e. If line 24e amount exceeds 10% of line 25, column (A), amount, list line 24e expenses on Schedule O.) 87,557. 87,557. **PROGRAMS** 19,494. **ADMINISTRATION** 42,376. 8,029. 14,853. С All other expenses 3,222,964. 2,315,857. 451,179. 455,928. Total functional expenses. Add lines 1 through 24e 25 Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation. if following SOP 98-2 (ASC 958-720)

Form 990 (2021)
Part X | Balance Sheet

Pa	rt X	Balance Sheet					
		Check if Schedule O contains a response or	note to an	y line in this Part X			
					(A) Beginning of year		(B) End of year
	1	Cash - non-interest-bearing		1,261,583.	1	2,109,573.	
	2	Savings and temporary cash investments				2	
	3	Pledges and grants receivable, net		320,940.	3	345,968.	
	4	Accounts receivable, net			4,032.	4	52,692
	5	Loans and other receivables from any current	or forme	officer, director,			
		trustee, key employee, creator or founder, su	bstantial o	contributor, or 35%			
		controlled entity or family member of any of t		5			
	6	Loans and other receivables from other disqu	alified pe	rsons (as defined			
		under section 4958(f)(1)), and persons describ			6		
şţ	7	Notes and loans receivable, net			7		
Assets	8	Inventories for sale or use				8	
⋖	9				68,176.	9	
	10a	Land, buildings, and equipment: cost or othe		165 105			
		basis. Complete Part VI of Schedule D			44 000		02.004
	b	Less: accumulated depreciation	44,897.		23,094, 7,491,664,		
	11	Investments - publicly traded securities		7,048,745.	11	7,491,664	
	12	Investments - other securities. See Part IV, lin		12			
	13	Investments - program-related. See Part IV, lin		13			
	14	Intangible assets		14 250	14	14 250	
	15	Other assets. See Part IV, line 11	14,358.	15	14,358		
	16	Total assets. Add lines 1 through 15 (must e			8,762,731.	16	10,037,349
	17	Accounts payable and accrued expenses		108,631. 988,779.	17	150,510. 944,749.	
	18	Grants payable	13,281.	18 19	30,573		
	19	Deferred revenue			13,201.	20	30,373
	20 21	Tax-exempt bond liabilities Escrow or custodial account liability. Comple		- (O - I I - I - D		21	
	22	Loans and other payables to any current or for				21	
Liabilities	22	trustee, key employee, creator or founder, su					
Ξ		controlled entity or family member of any of t				22	
E:	23	Secured mortgages and notes payable to uni				23	
	24	Unsecured notes and loans payable to unrela				24	
	25	Other liabilities (including federal income tax,					
		parties, and other liabilities not included on li					
		of Schedule D			1,952,051.	25	1,370,741.
	26	Total liabilities. Add lines 17 through 25			3,062,742.	26	2,496,573.
		Organizations that follow FASB ASC 958, o	heck her	e ▶ X			
es		and complete lines 27, 28, 32, and 33.					
anc	27	Net assets without donor restrictions			4,940,743.	27	5,359,748.
Bal	28	Net assets with donor restrictions			759,246.	28	2,181,028.
nd		Organizations that do not follow FASB ASC	958, che	eck here 🕨 🗌			
Ţ		and complete lines 29 through 33.					
Net Assets or Fund Balances	29	Capital stock or trust principal, or current fun	ds			29	
set	30	Paid-in or capital surplus, or land, building, or	equipme	nt fund		30	
As	31	Retained earnings, endowment, accumulated	l income,	or other funds		31	
Ret	32	Total net assets or fund balances		5,699,989.	32	7,540,776.	
	33	Total liabilities and net assets/fund balances			8,762,731.	33	10,037,349.

Pa	rt XI Reconciliation of Net Assets							
	Check if Schedule O contains a response or note to any line in this Part XI							
1	Total revenue (must equal Part VIII, column (A), line 12)		<u>5,06</u>					
2	Total expenses (must equal Part IX, column (A), line 25)		3,22 1,84					
3	Revenue less expenses. Subtract line 2 from line 1							
4	Net assets or fund balances at beginning of year (must equal Part X, line 32, column (A))							
5	Net unrealized gains (losses) on investments	5						
6	Donated services and use of facilities	6						
7	Investment expenses	7						
8	Prior period adjustments	8						
9	Other changes in net assets or fund balances (explain on Schedule O)	9			0.			
10	Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line 32,							
	column (B))	10	7,54	0,7	76.			
Pa	rt XII Financial Statements and Reporting							
	Check if Schedule O contains a response or note to any line in this Part XII							
				Yes	No			
1	Accounting method used to prepare the Form 990: Cash X Accrual Other							
	If the organization changed its method of accounting from a prior year or checked "Other," explain on Schedule	О.						
2a	Were the organization's financial statements compiled or reviewed by an independent accountant?		2a		Х			
	If "Yes," check a box below to indicate whether the financial statements for the year were compiled or reviewed	on a						
	separate basis, consolidated basis, or both:							
	Separate basis Consolidated basis Both consolidated and separate basis							
b	Were the organization's financial statements audited by an independent accountant?		2b	X				
	If "Yes," check a box below to indicate whether the financial statements for the year were audited on a separate	basis,						
	consolidated basis, or both:							
	X Separate basis Consolidated basis Both consolidated and separate basis							
С	If "Yes" to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the	audit,						
	review, or compilation of its financial statements and selection of an independent accountant?		2c	X				
	If the organization changed either its oversight process or selection process during the tax year, explain on Scho							
За	3a As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Single Audit							
	Act and OMB Circular A-133?	-	За		Х			
b	If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required	ed audit						
	or audits, explain why on Schedule O and describe any steps taken to undergo such audits		3b					
			Form	990	(2021)			

132012 12-09-21

SCHEDULE A

(Form 990)

Total

Department of the Treasury Internal Revenue Service

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

Attach to Form 990 or Form 990-EZ.

► Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

Open to Public

Inspection

Employer identification number Name of the organization MIND & LIFE INSTITUTE 77-0284767 Reason for Public Charity Status. (All organizations must complete this part.) See instructions. Part I The organization is not a private foundation because it is: (For lines 1 through 12, check only one box.) A church, convention of churches, or association of churches described in section 170(b)(1)(A)(i). A school described in section 170(b)(1)(A)(ii). (Attach Schedule E (Form 990).) 3 A hospital or a cooperative hospital service organization described in section 170(b)(1)(A)(iii). A medical research organization operated in conjunction with a hospital described in section 170(b)(1)(A)(iii). Enter the hospital's name, city, and state: An organization operated for the benefit of a college or university owned or operated by a governmental unit described in section 170(b)(1)(A)(iv). (Complete Part II.) 6 A federal, state, or local government or governmental unit described in section 170(b)(1)(A)(v). An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in section 170(b)(1)(A)(vi). (Complete Part II.) A community trust described in section 170(b)(1)(A)(vi). (Complete Part II.) An agricultural research organization described in section 170(b)(1)(A)(ix) operated in conjunction with a land-grant college or university or a non-land-grant college of agriculture (see instructions). Enter the name, city, and state of the college or 10 X An organization that normally receives (1) more than 33 1/3% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions, subject to certain exceptions; and (2) no more than 33 1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after June 30, 1975. See section 509(a)(2). (Complete Part III.) An organization organized and operated exclusively to test for public safety. See section 509(a)(4). 11 12 An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in section 509(a)(1) or section 509(a)(2). See section 509(a)(3). Check the box on lines 12a through 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g. Type I. A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving the supported organization(s) the power to regularly appoint or elect a majority of the directors or trustees of the supporting organization. You must complete Part IV, Sections A and B. Type II. A supporting organization supervised or controlled in connection with its supported organization(s), by having control or management of the supporting organization vested in the same persons that control or manage the supported organization(s). You must complete Part IV, Sections A and C. Type III functionally integrated. A supporting organization operated in connection with, and functionally integrated with, its supported organization(s) (see instructions). You must complete Part IV, Sections A, D, and E. Type III non-functionally integrated. A supporting organization operated in connection with its supported organization(s) that is not functionally integrated. The organization generally must satisfy a distribution requirement and an attentiveness requirement (see instructions). You must complete Part IV, Sections A and D, and Part V. Check this box if the organization received a written determination from the IRS that it is a Type I, Type II, Type III functionally integrated, or Type III non-functionally integrated supporting organization. Enter the number of supported organizations Provide the following information about the supported organization(s). (i) Name of supported (ii) EIN (iii) Type of organization (v) Amount of monetary (vi) Amount of other your governing document? (described on lines 1-10 organization support (see instructions) support (see instructions) No above (see instructions))

Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi) Part II

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Sec	ction A. Public Support									
Cale	ndar year (or fiscal year beginning in) 🕨	(a) 2017	(b) 2018	(c) 2019	(d) 2020	(e) 2021	(f) Total			
1	Gifts, grants, contributions, and									
	membership fees received. (Do not									
	include any "unusual grants.")									
2	Tax revenues levied for the organ-									
	ization's benefit and either paid to									
	or expended on its behalf									
3	The value of services or facilities									
	furnished by a governmental unit to									
	the organization without charge									
4	Total. Add lines 1 through 3									
5	The portion of total contributions									
	by each person (other than a									
	governmental unit or publicly									
	supported organization) included									
	on line 1 that exceeds 2% of the									
	amount shown on line 11,									
	column (f)									
6	Public support. Subtract line 5 from line 4.									
Sec	ction B. Total Support		_	_	_	_				
Cale	ndar year (or fiscal year beginning in) 🕨	(a) 2017	(b) 2018	(c) 2019	(d) 2020	(e) 2021	(f) Total			
7	Amounts from line 4									
8	Gross income from interest,									
	dividends, payments received on									
	securities loans, rents, royalties,									
	and income from similar sources									
9	Net income from unrelated business									
	activities, whether or not the									
	business is regularly carried on									
10	Other income. Do not include gain									
	or loss from the sale of capital									
	assets (Explain in Part VI.)									
11	Total support. Add lines 7 through 10									
12	Gross receipts from related activities,	etc. (see instruction	ons)			12				
13	First 5 years. If the Form 990 is for the	e organization's fi	rst, second, third,	fourth, or fifth tax	year as a section 5	501(c)(3)				
_	organization, check this box and stop						>			
	ction C. Computation of Publi									
	Public support percentage for 2021 (li		•	* * * * * * * * * * * * * * * * * * * *		14	<u>%</u>			
	Public support percentage from 2020					15	<u>%</u>			
16a	33 1/3% support test - 2021. If the o				14 is 33 1/3% or n	nore, check this bo	x and			
	stop here. The organization qualifies		-							
b	33 1/3% support test - 2020. If the c				line 15 is 33 1/3%	or more, check th	is box			
	and stop here. The organization qual									
17a	10% -facts-and-circumstances test									
	and if the organization meets the facts			=		VI how the organiz	zation			
	meets the facts-and-circumstances te					47	100/			
b	10% -facts-and-circumstances test	_				•	10% or			
	more, and if the organization meets the facts-and-circumstances test, check this box and stop here. Explain in Part VI how the									
10	organization meets the facts-and-circu						~			
ΙŐ	Private foundation. If the organization	n did flot check a	box on line 13, 16	a, 100, 1/a, 0r 1/k	o, check this dox a		/Form 000) 0001			

Schedule A (Form 990) 2021

Part III | Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Sec	ction A. Public Support	elow, please comp	nete Part II.)				
	ndar year (or fiscal year beginning in)	(a) 2017	(b) 2018	(c) 2019	(d) 2020	(e) 2021	(f) Total
	Gifts, grants, contributions, and	,	, ,	, ,	,	, ,	
	membership fees received. (Do not						
	include any "unusual grants.")	3424186.	4756552.	3340404.	2716274.	4672305.	18909721.
2	Gross receipts from admissions, merchandise sold or services per- formed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose	106,435.	391,480.	97,783.	119,572.	293,218.	1008488.
3	Gross receipts from activities that are not an unrelated trade or business under section 513						
1	Tax revenues levied for the organ-						
7	ization's benefit and either paid to or expended on its behalf						
5	The value of services or facilities furnished by a governmental unit to the organization without charge						
6	Total. Add lines 1 through 5	3530621.	5148032.	3438187.	2835846.	4965523.	19918209.
78	Amounts included on lines 1, 2, and 3 received from disqualified persons		184,353.	120,004.	125,050.	1150232.	1579639.
t	Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year						0.
	Add lines 7a and 7b		184,353.	120,004.	125,050.	1150232.	1579639.
	Public support. (Subtract line 7c from line 6.)			-	-		18338570.
Sec	ction B. Total Support						
Cale	ndar year (or fiscal year beginning in) 🕨	(a) 2017	(b) 2018	(c) 2019	(d) 2020	(e) 2021	(f) Total
9	Amounts from line 6	3530621.	5148032.	3438187.	2835846.	4965523.	19918209.
10a	Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources	89,427.	97,187.	170,370.	141,820.	99,314.	598,118.
t	Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975						
	Add lines 10a and 10b	89,427.	97,187.	170,370.	141,820.	99,314.	598,118.
	Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on						
12	Other income. Do not include gain or loss from the sale of capital	6 201	1 201	16 040	26 005	20 115	71 204
40	assets (Explain in Part VI.)	6,201. 3626249.	1,321. 5246540.	16,842. 3625399.	26,905.	20,115. 5084952.	71,384.
	Total support. (Add lines 9, 10c, 11, and 12.)				3004571.		
14	First 5 years. If the Form 990 is for the	9		,		() ()	·
Sec	check this box and stop here ction C. Computation of Publi	c Support Per					······
	Public support percentage for 2021 (li			rolumn (f))		15	89.08 %
16	Public support percentage from 2020		•			16	94.02 %
	ction D. Computation of Inves					10	7 2 3 3 2 70
	Investment income percentage for 20			ne 13. column (f))		17	2.91 %
18	Investment income percentage from 2					18	3.37 %
	19a 33 1/3% support tests - 2021. If the organization did not check the box on line 14, and line 15 is more than 33 1/3%, and line 17 is not more than 33 1/3%, check this box and stop here. The organization qualifies as a publicly supported organization						
	• •	•				•	
20	line 18 is not more than 33 1/3%, check this box and stop here. The organization qualifies as a publicly supported organization						

Т..

Part IV | Supporting Organizations

(Complete only if you checked a box in line 12 on Part I. If you checked box 12a, Part I, complete Sections A and B. If you checked box 12b, Part I, complete Sections A and C. If you checked box 12c, Part I, complete Sections A, D, and E. If you checked box 12d, Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

- 1 Are all of the organization's supported organizations listed by name in the organization's governing documents? If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.
- 2 Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If "Yes," explain in **Part VI** how the organization determined that the supported organization was described in section 509(a)(1) or (2).
- **3a** Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If "Yes," answer lines 3b and 3c below.
- **b** Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If "Yes," describe in **Part VI** when and how the organization made the determination.
- c Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If "Yes," explain in Part VI what controls the organization put in place to ensure such use.
- **4a** Was any supported organization not organized in the United States ("foreign supported organization")? *If* "Yes," and if you checked box 12a or 12b in Part I, answer lines 4b and 4c below.
- **b** Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If "Yes," describe in **Part VI** how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.
- c Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.
- 5a Did the organization add, substitute, or remove any supported organizations during the tax year? If "Yes," answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).
- **b Type I or Type II only.** Was any added or substituted supported organization part of a class already designated in the organization's organizing document?
- c Substitutions only. Was the substitution the result of an event beyond the organization's control?
- 6 Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? If "Yes," provide detail in Part VI.
- 7 Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? If "Yes," complete Part I of Schedule L (Form 990).
- 8 Did the organization make a loan to a disqualified person (as defined in section 4958) not described on line 7?

 If "Yes." complete Part I of Schedule L (Form 990).
- 9a Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? If "Yes," provide detail in Part VI.
- **b** Did one or more disqualified persons (as defined on line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? If "Yes." provide detail in **Part VI.**
- c Did a disqualified person (as defined on line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? If "Yes," provide detail in Part VI.
- 10a Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? If "Yes," answer line 10b below.
 - **b** Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)

	Yes	No_
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4b		
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Par	t IV	Supporting Organizations (continued)			
		· · ·		Yes	No
11	Has th	ne organization accepted a gift or contribution from any of the following persons?			
а		son who directly or indirectly controls, either alone or together with persons described on lines 11b and			
	-	elow, the governing body of a supported organization?	11a		
b		ily member of a person described on line 11a above?	11b		
		6 controlled entity of a person described on line 11a or 11b above? If "Yes" to line 11a, 11b, or 11c, provide			
		in Part VI.	11c		
Sec	tion E	3. Type I Supporting Organizations			
				Yes	No
1	Did th	e governing body, members of the governing body, officers acting in their official capacity, or membership of one or			
•		supported organizations have the power to regularly appoint or elect at least a majority of the organization's officers,			
		ors, or trustees at all times during the tax year? If "No," describe in Part VI how the supported organization(s)			
		ively operated, supervised, or controlled the organization's activities. If the organization had more than one supported			
		ization, describe how the powers to appoint and/or remove officers, directors, or trustees were allocated among the	1		
2		orted organizations and what conditions or restrictions, if any, applied to such powers during the tax year. The organization operate for the benefit of any supported organization other than the supported			
_		ization(s) that operated, supervised, or controlled the supporting organization? If "Yes," explain in			
		how providing such benefit carried out the purposes of the supported organization(s) that operated,	2		
Sec	super tion (vised, or controlled the supporting organization. C. Type II Supporting Organizations			l
		71 11 5 5		Yes	No
1	Were	a majority of the organization's directors or trustees during the tax year also a majority of the directors		100	140
		stees of each of the organization's supported organization(s)? If "No," describe in Part VI how control			
		nagement of the supporting organization was vested in the same persons that controlled or managed			
		pported organization(s).	1		
Sec	tion C	D. All Type III Supporting Organizations	•		
				Yes	No
1	Did th	e organization provide to each of its supported organizations, by the last day of the fifth month of the			
		ization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax			
	-	(ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the			
		ization's governing documents in effect on the date of notification, to the extent not previously provided?	1		
2	-	any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported			
		ization(s) or (ii) serving on the governing body of a supported organization? If "No." explain in Part VI how			
		ganization maintained a close and continuous working relationship with the supported organization(s).	2		
3		ason of the relationship described on line 2, above, did the organization's supported organizations have a			
	signifi	cant voice in the organization's investment policies and in directing the use of the organization's			
	incom	ne or assets at all times during the tax year? If "Yes," describe in Part VI the role the organization's			
	oggus	orted organizations played in this regard.	3		
Sec	tion E	E. Type III Functionally Integrated Supporting Organizations			
1	Check	k the box next to the method that the organization used to satisfy the Integral Part Test during the year (see instructions).			
а		The organization satisfied the Activities Test. Complete line 2 below.			
b	Ш	The organization is the parent of each of its supported organizations. Complete line 3 below.			
С		The organization supported a governmental entity. Describe in Part VI how you supported a governmental entity (see ins	truction	s).	
2	Activit	ties Test. Answer lines 2a and 2b below.		Yes	No
а	Did su	ubstantially all of the organization's activities during the tax year directly further the exempt purposes of			
	the su	apported organization(s) to which the organization was responsive? If "Yes," then in Part VI identify			
	those	supported organizations and explain how these activities directly furthered their exempt purposes,			
	how ti	he organization was responsive to those supported organizations, and how the organization determined			
		nese activities constituted substantially all of its activities.	2a		
b		e activities described on line 2a, above, constitute activities that, but for the organization's involvement,			
	one o	r more of the organization's supported organization(s) would have been engaged in? If "Yes," explain in			
	Part \	Ithe reasons for the organization's position that its supported organization(s) would have engaged in			
		activities but for the organization's involvement.	2b		
3		t of Supported Organizations. Answer lines 3a and 3b below.			
а		e organization have the power to regularly appoint or elect a majority of the officers, directors, or			
	truste	es of each of the supported organizations? If "Yes" or "No" provide details in Part VI.	3a		

b Did the organization exercise a substantial degree of direction over the policies, programs, and activities of each

3b

Pa	rt V Type III Non-Functionally Integrated 509(a)(3) Supporting	ng Organi:	zations	
1	Check here if the organization satisfied the Integral Part Test as a qualifyi	ng trust on N	ov. 20, 1970 (<i>explain in</i>	Part VI). See instructions.
	All other Type III non-functionally integrated supporting organizations mus		•	T
Sect	ion A - Adjusted Net Income		(A) Prior Year	(B) Current Year (optional)
1	Net short-term capital gain	1		
2	Recoveries of prior-year distributions	2		
3	Other gross income (see instructions)	3		
4	Add lines 1 through 3.	4		
5	Depreciation and depletion	5		
6	Portion of operating expenses paid or incurred for production or			
	collection of gross income or for management, conservation, or			
	maintenance of property held for production of income (see instructions)	6		
7	Other expenses (see instructions)	7		
8	Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8		
Sect	ion B - Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)
1	Aggregate fair market value of all non-exempt-use assets (see			
	instructions for short tax year or assets held for part of year):			
a	Average monthly value of securities	1a		
	Average monthly cash balances	1b		
С	Fair market value of other non-exempt-use assets	1c		
d	Total (add lines 1a, 1b, and 1c)	1d		
e	Discount claimed for blockage or other factors			
	(explain in detail in Part VI):			
2	Acquisition indebtedness applicable to non-exempt-use assets	2		
3	Subtract line 2 from line 1d.	3		
4	Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount,			
	see instructions).	4		
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5		
6	Multiply line 5 by 0.035.	6		
7	Recoveries of prior-year distributions	7		
8	Minimum Asset Amount (add line 7 to line 6)	8		
Sect	ion C - Distributable Amount			Current Year
1	Adjusted net income for prior year (from Section A, line 8, column A)	1		
2	Enter 0.85 of line 1.	2		
3	Minimum asset amount for prior year (from Section B, line 8, column A)	3		
4	Enter greater of line 2 or line 3.	4		
5	Income tax imposed in prior year	5		
6	Distributable Amount. Subtract line 5 from line 4, unless subject to			
	emergency temporary reduction (see instructions).	6		
7	Check here if the current year is the organization's first as a non-functional	ally integrated	Type III supporting orga	anization (see
	instructions)	, ,		•

Schedule A (Form 990) 2021

Part V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations (continued)					
Sect	on D - Distributions				Current Year
1	Amounts paid to supported organizations to accomplish exer	mpt purposes		1	
2	Amounts paid to perform activity that directly furthers exemp	t purposes of supported			
	organizations, in excess of income from activity			2	
3	Administrative expenses paid to accomplish exempt purpose	es of supported organizations	3	3	
4	Amounts paid to acquire exempt-use assets			4	
_5	Qualified set-aside amounts (prior IRS approval required - pro	ovide details in Part VI)		5	
_6	Other distributions (describe in Part VI). See instructions.			6	
7	Total annual distributions. Add lines 1 through 6.			7	
8	Distributions to attentive supported organizations to which the	ne organization is responsive			
	(provide details in Part VI). See instructions.			8	
_9	Distributable amount for 2021 from Section C, line 6			9	
10	Line 8 amount divided by line 9 amount			10	
		(i)	(ii)		(iii)
Sect	on E - Distribution Allocations (see instructions)	Excess Distributions	Underdistribution Pre-2021	าร	Distributable Amount for 2021
1	Distributable amount for 2021 from Section C, line 6				
2	Underdistributions, if any, for years prior to 2021 (reason-				
	able cause required - explain in Part VI). See instructions.				
3	Excess distributions carryover, if any, to 2021				
a	From 2016				
b	From 2017				
c	From 2018				
d	From 2019				
e	From 2020				
f	Total of lines 3a through 3e				
g	Applied to underdistributions of prior years				
<u>h</u>	Applied to 2021 distributable amount				
i_	Carryover from 2016 not applied (see instructions)				
i_	Remainder. Subtract lines 3g, 3h, and 3i from line 3f.				
4	Distributions for 2021 from Section D,				
	line 7: \$				
<u>a</u>	Applied to underdistributions of prior years				
b	Applied to 2021 distributable amount				
c	Remainder. Subtract lines 4a and 4b from line 4.				
5	Remaining underdistributions for years prior to 2021, if				
	any. Subtract lines 3g and 4a from line 2. For result greater				
	than zero, explain in Part VI. See instructions.				
6	Remaining underdistributions for 2021. Subtract lines 3h				
	and 4b from line 1. For result greater than zero, explain in				
	Part VI. See instructions.				
7	Excess distributions carryover to 2022. Add lines 3j and 4c.				
8	Breakdown of line 7:				
а	Excess from 2017				
b	Excess from 2018				
С	Excess from 2019				
d	Excess from 2020				
е	Excess from 2021				

Schedule A (Form 990) 2021

Schedule B

(Form 990)

Department of the Treasury Internal Revenue Service

Schedule of Contributors

➤ Attach to Form 990 or Form 990-PF.

► Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047

2021

Name of the organization Employer identification number

MIND & LIFE INSTITUTE 77-0284767

Organization type (check one):						
Filers of	f:	Section:				
Form 99	0 or 990-EZ	\overline{X} 501(c)($\overline{3}$) (enter number) organization				
		4947(a)(1) nonexempt charitable trust not treated as a private foundation				
		527 political organization				
Form 99	0-PF	501(c)(3) exempt private foundation				
		4947(a)(1) nonexempt charitable trust treated as a private foundation				
		501(c)(3) taxable private foundation				
	nly a section 501(c)(covered by the General Rule or a Special Rule . 7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.				
	property) from any	filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.				
Special	Rules					
	sections 509(a)(1) a contributor, during	described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33 1/3% support test of the regulations under and 170(b)(1)(A)(vi), that checked Schedule A (Form 990), Part II, line 13, 16a, or 16b, and that received from any one the year, total contributions of the greater of (1) \$5,000; or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h; line 1. Complete Parts I and II.				
	contributor, during literary, or education	described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one the year, total contributions of more than \$1,000 exclusively for religious, charitable, scientific, anal purposes, or for the prevention of cruelty to children or animals. Complete Parts I (entering instead of the contributor name and address), II, and III.				
	year, contributions is checked, enter h purpose. Don't con	described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the exclusively for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box ere the total contributions that were received during the year for an exclusively religious, charitable, etc., applete any of the parts unless the General Rule applies to this organization because it received nonexclusively e, etc., contributions totaling \$5,000 or more during the year				
answer '	"No" on Part IV, line	at isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990), but it must 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990-PF, Part I, line 2, to certify requirements of Schedule B (Form 990).				

LHA For Paperwork Reduction Act Notice, see the instructions for Form 990, 990-EZ, or 990-PF.

Schedule B (Form 990) (2021)

Name of organization

Employer identification number

MIND & LIFE INSTITUTE

Dort I	Contributors (see instructions) Has duralisate seeins of Doublif add	itional annua is morelad	0204707
Part I	Contributors (see instructions). Use duplicate copies of Part I if add		
(a) <u>No.</u>	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1	ACADEMY FOR THE LOVE OF LEARNING 133 SETON VILLAGE ROAD SANTE FE, NM 87508		Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
2	ADAM J. WEISSMAN FOUNDATION C/O FOUNDATION SOURCE 55 WALLS DRIVE, SUITE 302 FAIRFIELD, CT 06824	\$	Person X Payroll
(a)	(b)	(c)	(d)
	Name, address, and ZIP + 4 ANDREW S. KANTER AND ALINA E. OGANESOVA FAMILY FUND 747 BALDWIN ROAD HIGHLAND PARK, IL 60035	Total contributions \$ 5,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
4	ANONYMOUS P.O. BOX 1811 SUN VALLEY, ID 93353	\$ 100,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
5	ANONYMOUS 1433 LIME KILN ROAD PIKE, NH 03780	\$\$	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
6	ANONYMOUS P.O. BOX 540	\$\$0,000.	Person X Payroll Noncash (Complete Part II for
123452 11-11	PORTSMOUTH, NH 03802		(Complete Part II for noncash contributions.) Schedule B (Form 990) (2021)

Name of organization

Employer identification number

MIND & LIFE INSTITUTE

Part I	Contributors (see instructions). Use duplicate copies of Part I if ad	ditional space is needed.	0204707
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
7	BON EAU FOUNDATION P.O. BOX 49108 SARASOTA, FL 34230	\$\$\$	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
8	CAROLYN JACOBS 18 SYCAMORE MEADOW ROAD SUNDERLAND, MA 01375	\$6,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
9	KEMMERER FAMILY FOUNDATION P.O. BOX 721 TETON VILLAGE, WY 83025	\$100,000 .	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
10	CONSTANCE KEMMERER P.O. BOX 721 TETON VILLAGE, WY 83025	\$\$	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
11_	FENG-YANG KUO 5045 NEWHALL DRIVE HIGHLANDS RANCH, CO 80130	\$10,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) <u>N</u> o.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
123452 11-11	ANONYMOUS UNIVERSITAESTRASSE 51 ZURICH, SWITZERLAND	\$\$\$	Person X Payroll

Name of organization

Employer identification number

MIND & LIFE INSTITUTE

Dort I	Contributors (and instrumentations) the distribute contributors of Doublife additions	l annua in mandad	0204707
Part I	Contributors (see instructions). Use duplicate copies of Part I if additiona	ı space is needed.	
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
13	GARDNER GROUT FOUNDATION C/O CAPITAL GROUP	Total contributions	Person X
	50 W. LIBERTY STREET, SUITE 650	\$5,000.	Payroll Noncash (Complete Part II for
	RENO, NV 89501		noncash contributions.)
(a) <u>No.</u>	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
14	GEORGE FAMILY FOUNDATION		Person X Payroll
	1818 OLIVER AVENUE SOUTH	\$\$	Noncash (Complete Part II for
	MINNEAPOLIS, MN 55405		noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
15	HEMERA FOUNDATION		Person X Payroll
	3011 BROADWAY ST	\$	Noncash (Complete Part II for
	BOULDER, CO 80304		noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
16	HERSHEY FAMILY FOUNDATIONC/O ROPES AND GRAY LLP		Person X
	800 BOYLSTON STREET	\$\$69,564.	Payroll Noncash
	BOSTON, MA 02199		(Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
<u> 17</u>	HO FOUNDATION		Person X
	23/F BEA HARBOUR VIEW CENTRE, 56 GLOUCESTER RD, WAN CHA	\$ <u>150,000.</u>	Payroll Noncash
	HONG KONG, CHINA		(Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
18	JACQUELINE CAMBATA		Person X
	2S220 HAWTHORNE LN	\$ 10,000.	Payroll Noncash
123452 11-1	WHEATON, IL 60189		(Complete Part II for noncash contributions.) Schedule B (Form 990) (2021)

Name of organization

Employer identification number

MIND & LIFE INSTITUTE

	α LIFE INSTITUTE	•	-0204707
Part I	Contributors (see instructions). Use duplicate copies of Part I if addition	nal space is needed.	
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
19	JESSIE BENJAMIN 1062 GLEN HALL RD KENNETT SQUARE, PA 19348	\$\$,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
20	KIRK AND GAEL BENSON 4184 ALPINE COVE DRIVE ALPINE, UT 84004	\$\$	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
21	LISETTE COOPER GIVING FUND PO BOX 558 LINCOLN, MA 01773	\$\$15,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
22	MARTIN DAVIDSON AND RACHEL BAGBY 372 STARGATE LANE LOVINGSTON, VA 22949	\$\$, 000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
23	MICHAEL T. RIORDAN FAMILY FOUNDATION 16127 FOREST OAKS DR FORT MYERS, FL 33908	\$\$_45,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
24	THERESE MILLER 96 BROADWAY, APT. 105 BOSTON, MA 02116	\$\$10,000.	Person X Payroll

Name of organization

Employer identification number

MIND & LIFE INSTITUTE

Part I	Contributors (see instructions). Use duplicate copies of Part I if additional	al space is needed.	0204707
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
25	MINDFUL BREATH FOUNDATION INC 66 S MOUNTAIN AVE MONCLAIR, NJ 07042	\$5,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
26	MISSY CARTER 4 RIEDESEL AVE CAMBRIDGE, MA 02138	\$	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
27	OI LOON LEE 54 JALAN LEONG YEW KOH, TAMAN TUN DR ISMAIL, 60000 KUALA LUMPUR, W.P. KUALA LUMPUR, MALAYSIA	\$	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
28	OWSLEY BROWN III 1 16TH AVE SAN FRANCISCO, CA 94118	\$\$	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
29	PAULO DE TARSO RICIERI DE LIMA VIA DEI TRE OROLOGI 8 PIANO 1 INTERNO ROME, ITALY 00197	\$ 20,000.	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
30	PIERRE & PAMELA OMIDYAR FUND C/O SILICON VALLEY COMMUNITY FOUNDATION 2440 W EL CAMINO REAL, UNIT 300	\$	Person X Payroll Noncash (Complete Part II for
123452 11-1	MOUNTAIN VIEW, CA 94040		noncash contributions.) Schedule B (Form 990) (2021)

Name of organization

Employer identification number

MIND & LIFE INSTITUTE

Part I	Contributors (see instructions). Use duplicate copies of Part I if addition	nal space is needed.	0204707
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
31_	RAYMOND GELLEIN 642 N. INTERLACHEN AVENUE WINTER PARK, FL 32789	\$\$	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
32	SANTA FE COMMUNITY FOUNDATION PO BOX 1827 SANTA FE, NM 87504	- - \$\$	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
33	ANONYMOUS 237 SUMMER ST MANCHESTER, MA 01944	50,000.	Person X Payroll
(a)	(b)	(c)	(d)
	Name, address, and ZIP + 4 THE MARSHALL FRANKEL FOUNDATION C/O EISNERAMPER LLP 733 3RD AVE 9TH FL NEW YORK, NY 10017	Total contributions 5,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
35	TIDES FOUNDATION PO BOX 29903 SAN FRANCISCO, CA 94129	- \$\$00,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
36	WALKER FAMILY FOUNDATION 662 ISLAND DR PALM BEACH, FL 33480	\$\$,000.	Person X Payroll
123452 11-1	1-21		Schedule B (Form 990) (2021)

Name of organization Employer identification number

MIND & LIFE INSTITUTE

Part I	Contributors (see instructions). Use duplicate copies of Part I if additional	space is needed.	
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
37	WILLIAM KRAME / KRAME FAMILY FOUNDATION - KRAME CENTER FOR CONTEMPL 505 RAMPO VALLEY RD MAHWAH, NJ 07430	\$\$	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person Payroll Oncash Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person Payroll Noncash Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		\$	Person Payroll Occupate Part II for noncash contributions.)

Name of organization Employer identification number

77-0284767

MIND & LIFE INSTITUTE

Part II	Noncash Property (see instructions). Use duplicate copies of Part II if additional space is needed.						
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received				
		\$					
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received				
							
		\$					
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received				
							
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received				
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received				
		\$					
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received				
		_					
3453 11-11-	21	\$	Schedule B (Form 990) (2				

Page 4

Schedule B (Form 990) (2021) Name of organization **Employer identification number** 77-0284767 MIND & LIFE INSTITUTE Part III Exclusively religious, charitable, etc., contributions to organizations described in section 501(c)(7), (8), or (10) that total more than \$1,000 for the year from any one contributor. Complete columns (a) through (e) and the following line entry. For organizations completing Part III, enter the total of exclusively religious, charitable, etc., contributions of \$1,000 or less for the year. (Enter this info. once.) Use duplicate copies of Part III if additional space is needed. (a) No. from (b) Purpose of gift (c) Use of gift (d) Description of how gift is held Part I (e) Transfer of gift Transferee's name, address, and ZIP + 4 Relationship of transferor to transferee (a) No. from (b) Purpose of gift (c) Use of gift (d) Description of how gift is held Part I (e) Transfer of gift Transferee's name, address, and ZIP + 4 Relationship of transferor to transferee (a) No. from (b) Purpose of gift (c) Use of gift (d) Description of how gift is held Part I (e) Transfer of gift Transferee's name, address, and ZIP + 4 Relationship of transferor to transferee (a) No. from (b) Purpose of gift (d) Description of how gift is held (c) Use of gift Part I (e) Transfer of gift Transferee's name, address, and ZIP + 4 Relationship of transferor to transferee

123454 11-11-21 Schedule B (Form 990) (2021)

SCHEDULE D (Form 990)

Department of the Treasury Internal Revenue Service

Supplemental Financial Statements

➤ Complete if the organization answered "Yes" on Form 990, Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b.

➤ Attach to Form 990.

►Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

2021
Open to Public

Open to Public Inspection

Name of the organization

MIND & LIFE INSTITUTE

Employer identification number 77-0284767

Pai		cations Maintaining Donor Advised on answered "Yes" on Form 990, Part IV, line		imilar Funds or A	accounts. Complete if the
	Organizat	Transwered Tes Off Offi 930, Fart IV, Illie	(a) Donor advise	ed funds	(b) Funds and other accounts
1	Total number at	end of year	. , ,		
2		of contributions to (during year)			
3		of grants from (during year)			
4		at end of year			
5		ion inform all donors and donor advisors in w	writing that the assets he	eld in donor advised fu	nds
•	-	ion's property, subject to the organization's			
6		ion inform all grantees, donors, and donor ac			
•		poses and not for the benefit of the donor or			
	impermissible pr	•	,		
Pai		vation Easements. Complete if the org			
1		nservation easements held by the organization		,	
		on of land for public use (for example, recreat		Preservation of a his	torically important land area
		of natural habitat	, _	7	tified historic structure
	_	on of open space			
2	Complete lines 2	a through 2d if the organization held a qualifi	ied conservation contrib	ution in the form of a c	onservation easement on the last
	day of the tax ye				Held at the End of the Tax Year
а	Total number of	conservation easements			2a
b					2b
С	•	ervation easements on a certified historic stru			2c
d		ervation easements included in (c) acquired a			
		onal Register			2d
3		ervation easements modified, transferred, rele			nization during the tax
	year >				
4	Number of state	where property subject to conservation eas	sement is located		
5		ation have a written policy regarding the peri		tion, handling of	
	violations, and e	nforcement of the conservation easements it	holds?		Yes No
6	Staff and volunte	er hours devoted to monitoring, inspecting, h			
	>				
7	Amount of exper	uses incurred in monitoring, inspecting, hand	ling of violations, and en	forcing conservation e	asements during the year
	> \$				
8	Does each cons	ervation easement reported on line 2(d) above	e satisfy the requirement	s of section 170(h)(4)(E	B)(i)
	and section 170	n)(4)(B)(ii)?			Yes No
9	In Part XIII, desc	ibe how the organization reports conservation	on easements in its rever	nue and expense state	ment and
	balance sheet, a	nd include, if applicable, the text of the footn	ote to the organization's	financial statements t	hat describes the
	organization's ac	counting for conservation easements.			
Pai		ations Maintaining Collections of		asures, or Other	Similar Assets.
	Complete	if the organization answered "Yes" on Form	990, Part IV, line 8.		
1a	If the organization	n elected, as permitted under FASB ASC 958	8, not to report in its reve	enue statement and ba	alance sheet works
	of art, historical	reasures, or other similar assets held for pub	olic exhibition, education	, or research in further	ance of public
	service, provide	n Part XIII the text of the footnote to its finan	icial statements that des	cribes these items.	
b	If the organization	n elected, as permitted under FASB ASC 958	8, to report in its revenue	e statement and baland	ce sheet works of
	art, historical tre	ssures, or other similar assets held for public	exhibition, education, or	r research in furtherand	ce of public service,
	•	ving amounts relating to these items:			
	(i) Revenue inc	uded on Form 990, Part VIII, line 1			
	(ii) Assets inclu-	led in Form 990, Part X			• \$
2	~	n received or held works of art, historical trea			, provide
	the following am	ounts required to be reported under FASB AS	SC 958 relating to these	items:	
а	Revenue include	d on Form 990, Part VIII, line 1			• \$
					▶ \$
LHA	For Paperwork	Reduction Act Notice, see the Instructions	for Form 990.		Schedule D (Form 990) 2021

132051 10-28-21

Schedule D (Form 990) 2021

23,094

e Other

Total. Add lines 1a through 1e. (Column (d) must equal Form 990. Part X. column (B), line 10c.)

Schedule D (Form 990) 2021 MIND & LIFE	INSTITUTE	77	-0284767 Page
Part VII Investments - Other Securities.			
Complete if the organization answered "Yes"	on Form 990, Part IV, line	11b. See Form 990, Part X, line 12.	
(a) Description of security or category (including name of security)	(b) Book value	(c) Method of valuation: Cost or end	d-of-year market value
(1) Financial derivatives			
(2) Closely held equity interests			
(3) Other			
(A)			
(B)			
(C)			
(D)			
(E)			
(F)			
(G)			
(H)			
Total. (Col. (b) must equal Form 990, Part X, col. (B) line 12.)			
Part VIII Investments - Program Related.			
Complete if the organization answered "Yes"			
(a) Description of investment	(b) Book value	(c) Method of valuation: Cost or end	d-of-year market value
(1)			
(2)			
(3)			
(4)			
(5)			
(6)			
(7)			
(8)			
(9)			
Total. (Col. (b) must equal Form 990, Part X, col. (B) line 13.)			
Part IX Other Assets.			
Complete if the organization answered "Yes"		11d. See Form 990, Part X, line 15.	
(a)	Description		(b) Book value
(1)			
(2)			
(3)			
(4)			
(5)			
(6)			
(7)			
(8)			
(9)			
Total. (Column (b) must equal Form 990, Part X, col. (B) line Part X Other Liabilities.	e 15.)		
Complete if the organization answered "Yes"	on Form 000 Part IV line	11a or 11f Saa Form 000 Part V line 25	
(a) Description of liability	On Form 990, Fait IV, line	The of Thi. See Form 990, Part A, line 23.	(b) Book value
			(b) Book value
(1) Federal income taxes (2) CONDITIONAL CONTRIBUTIONS			1,370,741
			1,3/0,/41
(3)			
<u>(4)</u>			
(5)			
<u>(6)</u>			
(7)			I

Total. (Column (b) must equal Form 990, Part X, col. (B) line 25.) Liability for uncertain tax positions. In Part XIII, provide the text of the footnote to the organization's financial statements that reports the organization's liability for uncertain tax positions under FASB ASC 740. Check here if the text of the footnote has been provided in Part XIII

Schedule D (Form 990) 2021

1,370,741.

(8)

Part XI	Recon	ciliation	of Revenue	per Audited	Financial	Statements	With	Revenue	per l	Returr

Pai	TXI Reconciliation of Revenue per Audited Financial Sta	itements with nevent	e per neturn.	
	Complete if the organization answered "Yes" on Form 990, Part IV, I	ine 12a.		
1	Total revenue, gains, and other support per audited financial statements		1	5,063,751.
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12:			
а	Net unrealized gains (losses) on investments	2a		
b	Donated services and use of facilities	2b		
С	Recoveries of prior year grants	2c		
d	Other (Describe in Part XIII.)	2d		
е	Add lines 2a through 2d		2e	0.
3	Subtract line 2e from line 1		3	5,063,751.
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1:			
а	Investment expenses not included on Form 990, Part VIII, line 7b	4a		
b	Other (Describe in Part XIII.)	4b		
С	Add lines 4a and 4b		4c	0.
-	Total various Add lines O and 4s are:			F 0(2 7F1
	Total revenue. Add lines 3 and 4c. (This must equal Form 990, Part I, line 12	2.)	5	5,063,751.
Pa	rt XII Reconciliation of Expenses per Audited Financial St	atements With Expen		5,063,751. 1.
Pa	t XII Reconciliation of Expenses per Audited Financial St Complete if the organization answered "Yes" on Form 990, Part IV, I	atements With Expen		1.
Pa	t XII Reconciliation of Expenses per Audited Financial St	ratements With Expenine 12a.	ses per Returr	3,222,964.
_	**Reconciliation of Expenses per Audited Financial St Complete if the organization answered "Yes" on Form 990, Part IV, I	ratements With Expenine 12a.	ses per Returr	1.
1	Taxii Reconciliation of Expenses per Audited Financial Statements Complete if the organization answered "Yes" on Form 990, Part IV, I Total expenses and losses per audited financial statements	ratements With Expenine 12a.	ses per Returr	1.
1 2	Complete if the organization answered "Yes" on Form 990, Part IV, I Total expenses and losses per audited financial statements Amounts included on line 1 but not on Form 990, Part IX, line 25:	ratements With Expenine 12a.	ses per Returr	1.
1 2 a	Complete if the organization answered "Yes" on Form 990, Part IV, I Total expenses and losses per audited financial statements Amounts included on line 1 but not on Form 990, Part IX, line 25: Donated services and use of facilities	ine 12a. 2a 2b	ses per Returr	1.
1 2 a b	Complete if the organization answered "Yes" on Form 990, Part IV, I Total expenses and losses per audited financial statements Amounts included on line 1 but not on Form 990, Part IX, line 25: Donated services and use of facilities Prior year adjustments	tatements With Expension 12a. 2a 2b 2c	ses per Returr	3,222,964.
1 2 a b	Complete if the organization answered "Yes" on Form 990, Part IV, I Total expenses and losses per audited financial statements Amounts included on line 1 but not on Form 990, Part IX, line 25: Donated services and use of facilities Prior year adjustments Other losses	2a 2b 2c 2d	ses per Returr	3,222,964. 0.
1 2 a b c	Complete if the organization answered "Yes" on Form 990, Part IV, I Total expenses and losses per audited financial statements Amounts included on line 1 but not on Form 990, Part IX, line 25: Donated services and use of facilities Prior year adjustments Other losses Other (Describe in Part XIII.)	2a 2b 2c 2d	ses per Return	3,222,964.
1 2 a b c d	Complete if the organization answered "Yes" on Form 990, Part IV, I Total expenses and losses per audited financial statements Amounts included on line 1 but not on Form 990, Part IX, line 25: Donated services and use of facilities Prior year adjustments Other losses Other (Describe in Part XIII.) Add lines 2a through 2d	2a 2b 2c 2d	ses per Return	3,222,964. 0.
1 2 a b c d e 3	Complete if the organization answered "Yes" on Form 990, Part IV, I Total expenses and losses per audited financial statements Amounts included on line 1 but not on Form 990, Part IX, line 25: Donated services and use of facilities Prior year adjustments Other losses Other (Describe in Part XIII.) Add lines 2a through 2d Subtract line 2e from line 1	2a 2b 2c 2d	ses per Return	3,222,964. 0.
1 2 a b c d e 3	Complete if the organization answered "Yes" on Form 990, Part IV, I Total expenses and losses per audited financial statements Amounts included on line 1 but not on Form 990, Part IX, line 25: Donated services and use of facilities Prior year adjustments Other losses Other (Describe in Part XIII.) Add lines 2a through 2d Subtract line 2e from line 1 Amounts included on Form 990, Part IX, line 25, but not on line 1:	2a 2b 2c 2d	ses per Return	3,222,964. 0.
1 2 a b c d e 3 4 a	Complete if the organization answered "Yes" on Form 990, Part IV, I Total expenses and losses per audited financial statements Amounts included on line 1 but not on Form 990, Part IX, line 25: Donated services and use of facilities Prior year adjustments Other losses Other (Describe in Part XIII.) Add lines 2a through 2d Subtract line 2e from line 1 Amounts included on Form 990, Part IX, line 25, but not on line 1: Investment expenses not included on Form 990, Part VIII, line 7b	2a 2b 2c 2d 4a 4b	ses per Return	3,222,964. 0.

Part XIII Supplemental Information.

Provide the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and 4; Part IV, lines 1b and 2b; Part V, line 4; Part X, line 2; Part XI, lines 2d and 4b; and Part XII, lines 2d and 4b. Also complete this part to provide any additional information.

PART X, LINE 2:

THE ORGANIZATION FOLLOWS FASB GUIDANCE FOR HOW UNCERTAIN TAX POSITIONS SHOULD BE RECOGNIZED, MEASURED, DISCLOSED AND PRESENTED IN THE FINANCIAL STATEMENTS. THIS REQUIRES THE EVALUATION OF TAX POSITIONS TAKEN OR EXPECTED TO BE TAKEN IN THE COURSE OF PREPARING THE ORGANIZATION'S TAX RETURNS TO DETERMINE WHETHER THE TAX POSITIONS ARE "MORE-LIKELY-THAN-NOT" OF BEING SUSTAINED "WHEN CHALLENGED" OR "WHEN EXAMINED" BY THE APPLICABLE TAX AUTHORITY. TAX POSITIONS NOT DEEMED TO THE MEET THE MORE-LIKELY-THAN-NOT THRESHOLD WOULD BE RECORDED AS A TAX EXPENSE AND LIABILITY IN THE CURRENT YEAR. MANAGEMENT EVALUATED THE ORGANIZATION'S TAX POSITION AND CONCLUDED THAT THE ORGANIZATION HAD TAKEN NO UNCERTAIN TAX POSITIONS THAT REQUIRE ADJUSTMENT TO THE FINANCIAL STATEMENTS TO COMPLY

Schedule D (Form 990) 2021

SCHEDULE I (Form 990)

Department of the Treasury Internal Revenue Service **Grants and Other Assistance to Organizations, Governments, and Individuals in the United States**

Complete if the organization answered "Yes" on Form 990, Part IV, line 21 or 22.

► Attach to Form 990.

► Go to www.irs.gov/Form990 for the latest information.

2021
Open to Public

Inspection

Schedule I (Form 990) 2021

Name of the organization MIND & LI	FE INSTIT	UTE					Employer identification number 77-0284767
Part I General Information on Grants a							
 Does the organization maintain records criteria used to award the grants or assi Describe in Part IV the organization's pr 	stance?						
Part II Grants and Other Assistance to recipient that received more than					anization answered "\	Yes" on Form 990, Par	t IV, line 21, for any
1 (a) Name and address of organization or government	(b) EIN	(c) IRC section (if applicable)	(d) Amount of cash grant	(e) Amount of noncash assistance	(f) Method of valuation (book, FMV, appraisal, other)	(g) Description of noncash assistance	(h) Purpose of grant or assistance
2 Enter total number of section 501(c)(3) a 5 Enter total number of other organization	· ·	•	ne line 1 table				\

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990.

(a) Type of grant or assistance	(b) Number of recipients	(c) Amount of cash grant	(d) Amount of non- cash assistance	(e) Method of valuation (book, FMV, appraisal, other)	(f) Description of noncash assistance
RESEARCH GRANTS	23	737,409.	0.		
		, , , , , , , , , , , , , , , , , , , ,			
Part IV Supplemental Information. Provide the information re	l equired in Part I, lin	e 2; Part III, column	(b); and any other ac	ditional information.	
PART I, LINE 2:					
GRANT FUNDS ARE ADMINISTERED IN A	CCORDANCE	WITH THE F	RESTRICTION	S OUTLINED	
BY THE DONOR. ALL FUNDS ARE DISBU	RSED WITHI	N THE REQU	JIRED TIME	PERIOD AND	
TRACKED THROUGH OUR ACCOUNTING OF:					
ACCOUNT FOR HOW THE FUNDS WERE US:			· z		
iledotti Tott How The Tottes white ob.					

SCHEDULE J (Form 990)

Compensation Information

For certain Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

► Complete if the organization answered "Yes" on Form 990, Part IV, line 23. Attach to Form 990. ► Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

Open to Public Inspection

Internal Revenue Service Name of the organization

Department of the Treasury

Employer identification number MIND & LIFE INSTITUTE 77-0284767

Pa	art I Questions Regarding Compensation			
			Yes	No
1a	Check the appropriate box(es) if the organization provided any of the following to or for a person listed on Form 990,			
	Part VII, Section A, line 1a. Complete Part III to provide any relevant information regarding these items.			
	First-class or charter travel Housing allowance or residence for personal use			
	Travel for companions Payments for business use of personal residence			l
	Tax indemnification and gross-up payments Health or social club dues or initiation fees			l
	Discretionary spending account Personal services (such as maid, chauffeur, chef)			l
b	If any of the boxes on line 1a are checked, did the organization follow a written policy regarding payment or			
	reimbursement or provision of all of the expenses described above? If "No," complete Part III to explain	1b		
2	Did the organization require substantiation prior to reimbursing or allowing expenses incurred by all directors,			
	trustees, and officers, including the CEO/Executive Director, regarding the items checked on line 1a?	2		
3	Indicate which, if any, of the following the organization used to establish the compensation of the organization's			
	CEO/Executive Director. Check all that apply. Do not check any boxes for methods used by a related organization to			
	establish compensation of the CEO/Executive Director, but explain in Part III.			
	Compensation committee X Written employment contract			
	Independent compensation consultant X Compensation survey or study			
	Form 990 of other organizations X Approval by the board or compensation committee			
4	During the year, did any person listed on Form 990, Part VII, Section A, line 1a, with respect to the filing			
7	organization or a related organization:			l
a	Receive a severance payment or change-of-control payment?	4a		х
h	Participate in or receive payment from a supplemental nonqualified retirement plan?	4b		X
c	Participate in or receive payment from an equity-based compensation arrangement?	4c		х
_	If "Yes" to any of lines 4a-c, list the persons and provide the applicable amounts for each item in Part III.			
	Only section 501(c)(3), 501(c)(4), and 501(c)(29) organizations must complete lines 5-9.			
5	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation			
	contingent on the revenues of:			
а	The organization?	5a		X
b	Any related organization?	5b		Х
	If "Yes" on line 5a or 5b, describe in Part III.			
6	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation			l
	contingent on the net earnings of:			
а	The organization?	6a		X
b	Any related organization?	6b		Х
	If "Yes" on line 6a or 6b, describe in Part III.			
7	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization provide any nonfixed payments			37
_	not described on lines 5 and 6? If "Yes," describe in Part III	7		X
8	Were any amounts reported on Form 990, Part VII, paid or accrued pursuant to a contract that was subject to the			v
_	initial contract exception described in Regulations section 53.4958-4(a)(3)? If "Yes," describe in Part III	8		X
9	If "Yes" on line 8, did the organization also follow the rebuttable presumption procedure described in			
	Regulations section 53.4958-6(c)?	9		

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990.

Schedule J (Form 990) 2021

Part II Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees. Use duplicate copies if additional space is needed.

For each individual whose compensation must be reported on Schedule J, report compensation from the organization on row (i) and from related organizations, described in the instructions, on row (ii). Do not list any individuals that aren't listed on Form 990, Part VII.

Note: The sum of columns (B)(i)-(iii) for each listed individual must equal the total amount of Form 990, Part VII, Section A, line 1a, applicable column (D) and (E) amounts for that individual.

(A) Name and Title		(B) Breakdown of W	V-2 and/or 1099-MISO compensation	C and/or 1099-NEC	(C) Retirement and other deferred	(D) Nontaxable benefits	(E) Total of columns (B)(i)-(D)	in column (B)
		(i) Base compensation	(ii) Bonus & incentive compensation	(iii) Other reportable compensation	compensation			reported as deferred on prior Form 990
(1) SUSAN BAUER-WU	(i)	240,600.	0.	0.	30,000.	17,018.	287,618.	0.
PRESIDENT	(ii)	0.	0.	0.	0.	0.	0.	0.
	(i)							
	(ii)							
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rovide the information, explanation, or descriptions	s required for Part I, lines 1a, 1b, 3, 4a, 4b, 4c, 5a, 5b, 6a, 6b, 7, and 8, and for Part II. Also complete this part for any additional information.

SCHEDULE O (Form 990)

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

Attach to Form 990 or Form 990-EZ.

Go to www.irs.gov/Form990 for the latest information.

2021
Open to Public Inspection

Department of the Treasury
Internal Revenue Service

Name of the organization

MIND & LIFE INSTITUTE

Employer identification number 77-0284767

FORM 990, PART LINE 1, DESCRIPTION OF ORGANIZATION MISSION: FLOURISHING. FORM 990, PART III, LINE 4D, OTHER PROGRAM SERVICES: MIND & LIFE PODCAST: IN 2021 THE MIND & LIFE PODCAST ENTITLED "MIND & CONTINUED WITH SEASONS 3 & 4 WITH 20 ONE-HOUR LONG EPISODES WITH 280,000 DOWNLOADS. THE PODCAST ADDRESSES FUNDAMENTAL QUESTIONS THAT ARISE THROUGH BRIDGING SCIENCE AND CONTEMPLATIVE WISDOM. CONVERSATIONS ON THE PODCAST INTEGRATE CONTEMPLATIVE APPROACHES WITH VARIED PERSPECTIVES INCLUDING PSYCHOLOGY, PHILOSOPHY, NEUROSCIENCE, RELIGION, ART, AND ACTIVISM. MIND & LIFE'S HOST, WENDY HASENKAMP INVESTIGATES THESE COMPLEX QUESTIONS WITH LEADING RESEARCHERS, THINKERS, AND ON-THE-GROUND PRACTITIONERS, MOVING US TOWARD A DEEPER UNDERSTANDING OF OURSELVES AND OUR WORLD. EXPENSES \$ 183,276. INCLUDING GRANTS OF \$ 0. REVENUE \$ 66,000. IN MAY 2021, MIND & LIFE HOSTED OUR FIRST ONLINE SUMMIT ONLINE SUMMIT: ON THE SCIENCE & WISDOM OF EMOTIONS IN PARTNERSHIP WITH THE AWAKE NETWORK TO HONOR THE 20TH ANNIVERSARY OF OUR "DESTRUCTIVE EMOTIONS" DIALOGUE WITH THE DALAI LAMA. REFLECTING GROWING INTEREST IN THE CULTIVATION OF EMOTIONAL WELL-BEING, OVER 100,000 PEOPLE IN 140 COUNTRIES JOINED US FOR THIS FREE ONLINE EVENT. DRAWING FROM EXTENSIVE SCIENTIFIC RESEARCH, CONTEMPLATIVE WISDOM, AND INDIGENOUS TRADITIONS, THE FOUR-DAY EVENT MADE CLEAR THAT THE BENEFITS OF EMOTIONAL AWARENESS EXTEND WELL BEYOND THE INDIVIDUAL, WITH THE ABILITY TO ADDRESS COLLECTIVE CHALLENGES FROM RACIAL INJUSTICE TO CREATING MORE EQUITABLE Schedule O (Form 990) 2021 LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990 or 990-EZ.

Schedule O (Form 990) 2021 Page **2**

Employer identification number Name of the organization MIND & LIFE INSTITUTE 77-0284767 LEARNING ENVIRONMENTS. EXPENSES \$ 80,833. INCLUDING GRANTS OF \$ 0. REVENUE \$ 167,139. ONLINE COURSE: IN PARTNERSHIP WITH WISDOM PUBLICATIONS, MIND & LIFE CO-CREATED THE ONLINE COURSE "ILLUMINATING THE MIND", WHICH WAS LAUNCHED IN NOVEMBER 2021. USING ARCHIVAL FOOTAGE FROM MIND & LIFE'S DIALOGUES WITH HIS HOLINESS THE DALAI LAMA, THIS COURSE PROVIDES AN EDUCATIONAL JOURNEY THROUGH A CURATED SERIES OF DIALOGUES FOCUSED ON INSIGHTS AROUND THE TOPICS OF ATTENTION, PERCEPTION, AND SELF. EACH LESSON ALSO INCLUDES READINGS AND DISCUSSION AMONGST PARTICIPANTS. 523 REGISTERED FOR THE COURSE AND MAY BE RELAUNCHED ANNUALLY FOR NEW REGISTRANTS. EXPENSES \$ 185,731. INCLUDING GRANTS OF \$ 0. REVENUE \$ 79,947. MENTORING & EQUITY, DIVERSITY & INCLUSION: MIND & LIFE CONTINUED WITH ITS ONGOING EQUITY, DIVERSITY & INCLUSION WORK BY BEGINNING TO DEVELOP THE GLOBAL MAJORITY LEADERSHIP AND MENTORING PROGRAM TO SUPPORT AND GROW THE POOL OF GLOBAL MAJORITY (YOUNG INVESTIGATORS IN CONTEMPLATIVE RESEARCH), LAUNCHING IN 2022. EXPENSES \$ 66,390. INCLUDING GRANTS OF \$ 0. REVENUE \$ 100,000. INSPIRING MINDS: IN 2021, MIND & LIFE CONTINUED WITH INSPIRING MINDS: AN ONLINE SERIES BRINGING TOGETHER THOUGHT LEADERS AND CONTEMPLATIVES TO ENGAGE WITH ONE ANOTHER AND THE AUDIENCE IN EXPLORING THE ROLE OF THE MIND IN HUMAN FLOURISHING. EACH HEARTFELT CONVERSATION LED BY MIND & LIFE'S HOST, SHANKARI GOLDSTEIN INCLUDES A GUIDED MEDITATION AND ARTISTIC OFFERING, AND INSPIRES PARTICIPANTS WITH A CALL-TO-ACTION TO BE A FORCE FOR POSITIVE CHANGE. A RECORDING OF THE LIVE EVENT IS MADE

Schedule O (Form 990) 2021

Schedule O (Form 990) 2021 Page 2

Name of the organization **Employer identification number** MIND & LIFE INSTITUTE 77-0284767 AVAILABLE TO REGISTRANTS AFTER EACH LIVE EVENT. 5 CONVERSATIONS WERE HELD WITH OVER 4,800 REGISTRANTS EXPENSES \$ 135,492. INCLUDING GRANTS OF \$ 0. REVENUE \$ 14,987. CONVERSATIONS WITH THE DALAI LAMA: IN JANUARY 2021, MIND & LIFE HOSTED THE DALAI LAMA WITH GRETA THUNBERG AND LEADING SCIENTISTS: A CONVERSATION ON THE CRISIS OF CLIMATE FEEDBACK LOOPS AS THE OFFICIAL LAUNCH OF THE FILM SERIES "CLIMATE EMERGENCY: FEEDBACK LOOPS" NARRATED BY RICHARD GERE. JOINING THE CONVERSATION WERE CLIMATE SCIENTISTS SUSAN NATALI AND WILLIAM MOOMAW, MODERATOR DIANA CHAPMAN WALSH, AND TRANSLATOR MIND & LIFE BOARD CHAIR THUPTEN JINPA. THE FREE ONLINE LIVESTREAM REACHED A GLOBAL AUDIENCE OF OVER 775,000 PEOPLE, AND HAS INSPIRED TWO BOOKS: A GERMAN-LANGUAGE BOOK RELEASED IN EUROPE WITH PUBLISHER EDITION A IN NOVEMBER 2021 AND AN ENGLISH-LANGUAGE BOOK TO BE RELEASED IN THE UNITED STATES WITH SHAMBHALA PUBLICATIONS IN 2023. EXPENSES \$ 87,648. INCLUDING GRANTS OF \$ 0. REVENUE \$ 10,376. OTHER PROGRAMS: IN 2021 PLANNING BEGAN TO DESIGN A PROJECT ENTITLED "INSIGHTS PROJECT", A WEB-BASED PLATFORM DESIGNED TO ELEVATE CORE INSIGHTS INSPIRED FROM MIND & LIFE'S HISTORY AND IN CELEBRATION OF OUR 35TH ANNIVERSARY OF THE ORGANIZATION. THE 17 INSIGHTS TO BE FEATURED ENCOMPASS BOTH FOUNDATIONAL CONCEPTS (E.G., THE COMING TOGETHER OF BUDDHISM AND SCIENCE, THE STABLE SELF AS AN ILLUSION, HOW THE MIND CAN CHANGE), AND APPLICATIONS (E.G., MENTAL HEALTH, ADDICTION, EDUCATION). IN ADDITION, EFFORTS CONTINUED TO ENGAGE A MORE DIVERSE AUDIENCE IN OUR WORK THROUGH SCHOLARSHIP AWARDS PROVIDING OVER 200 SCHOLARSHIPS TO PROGRAM PARTICIPANTS AND INCREASING REPRESENTATION OF SPEAKERS FROM THE GLOBAL MAJORITY IN ALL OF OUR PROGRAMMATIC OFFERINGS. IN ADDITION, MIND

Schedule O (Form 990) 2021

Schedule O (Form 990) 2021 Page **2**

Name of the organization

MIND & LIFE INSTITUTE

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& LIFE DEVELOPED PROGRAMMING IDEAS AND EVENT THEMES WITH THE ASSISTANCE

OF A STEERING COUNCIL COMPOSED OF EIGHT OUTSIDE EXPERTS FROM THE FIELD

OF CONTEMPLATIVE RESEARCH AND THREE STAFF MEMBERS. THE COUNCIL

ASSESSES TRENDS, TOPICS AND THEMES THAT ARE RELEVANT IN THE FIELD OF

CONTEMPLATIVE RESEARCH AND STEERS PROGRAMMING THEMES.

EXPENSES \$ 195,839. INCLUDING GRANTS OF \$ 0. REVENUE \$ 290,525.

FORM 990, PART VI, SECTION B, LINE 11B:

THE AUDIT COMMITTEE AND BOARD REVIEWS AND APPROVES AN ELECTRONIC VERSION OF
THE FORM 990 AND AN OFFICER OF THE ORGANIZATION SIGNS THE RETURN AFTER
REVIEW.

FORM 990, PART VI, SECTION B, LINE 12C:

ALL CONFLICT OF INTEREST ARE REQUIRED TO BE DISCLOSED TO THE BOARD OF

DIRECTORS BY COMPLETING THE CONFLICT OF INTEREST STATEMENT FORM. NEW

MEMBERS ELECTED TO THE BOARD OR CURRENT MEMBERS WHO IDENTIFY A CONFLICT OF

INTEREST FILL OUT A FORM. THE ORGANIZATION ALSO REQUIRES AN ANNUAL

AFFIRMATION FOR THE POLICY.

FORM 990, PART VI, SECTION B, LINE 15:

THE BOARD OF DIRECTORS DEVELOPS THE COMPENSATION PACKAGE FOR THE PRESIDENT.

THE COMMITTEE REVIEWS SEVERAL SOURCES OF DATA TO DETERMINE THE COMPENSATION

WHICH INCLUDES GUIDESTAR AND SURVEYS. THIS REVIEW IS IN WRITING AND IT GOES

TO THE BOARD FOR APPROVAL. THE ORGANIZATION HIRED A COMPENSATION SPECIALIST

TO DETERMINE COMPENSATION.

FORM 990, PART VI, SECTION C, LINE 19:

DOCUMENTS ARE AVAILABLE UPON REQUEST

Schedule O (Form 990) 2021