Part I: Compassionate Leadership in the 21st Century
9:50 a.m. to noon
Lecture and Panel – UMass Amherst Integrative Learning Center
Keynote address by Dr. Jinpa begins at 10 a.m. followed by Five College conversations on interdisciplinary compassion.
Continental breakfast available starting at 9 a.m.

With panelists:
- Sonya Atalay, Anthropology, University of Massachusetts Amherst
- Maria Heim, Religion, Amherst College
- Constance Kassor, Religion, Smith College
- Jill Lewis, Literature and Gender Studies, Hampshire College
- Linda Tropp, Psychological and Brain Sciences, University of Massachusetts Amherst

Moderator and conference organizer: Tenzin Dawa Thargay, UMass Amherst Commonwealth Honors College Class of 2017, Political Science & Chinese Majors

Workshop description: A rare opportunity to join in an intimate classroom setting with Dr. Thupten Jinpa, this workshop will explore how to connect with our compassion and integrate mind and heart through aligning our aspirations and our day-to-day life. Through presentation, guided meditation, and discussion, participants will be shown how to develop greater self-awareness, cultivate self-compassion, and be more empathetic – qualities critical for leadership as well as for genuine personal happiness.

Luncheon and afternoon workshop limited to first 45 respondents.
R.S.V.P. SACL@umass.edu by Wednesday, April 13

Part II: Fearless Heart: How to Become a Compassionate Leader in the 21st Century
Noon to 2:30 p.m.
Traditional Tibetan lunch followed by workshop – Hadley Room, UMass Campus Center

This event was made possible through the generous support of Amherst College, Hampshire College, Smith College, the UMass Amherst College of Social and Behavioral Sciences, Yuri Kochiyama Cultural Center, Center for Multicultural Advancement and Student Success, and UMatter at UMass.