



**MIND & LIFE**  
INSTITUTE

### **Mind and Life Contemplative Studies Fellowship Proposal Guidelines**

In order to be considered for the MLCSF, applicants must provide the materials and information indicated below.

1. A project description (no longer than 3,000 words) that describes the project in relation to one of the two research strands described in the RFP. The project description should include an account of how the proposed research will engage with scientific approaches to the study of contemplative practice.
2. Document of the eligibility for matching funds from their respective universities. Such funding is often in the form of support for salary or benefits not covered by the amount of the Fellowship.
3. A budget with proposed outputs and outcomes.
4. CV and two letters of recommendation.

Applications can be submitted online by clicking following this link:  
<https://app.etapestry.com/hosted/MindandLifeInstitute/MLCSF.html>